



PLUMPTON PUBLIC SCHOOL

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Fit Futures Gymnastics Program Term 1 Years 3-6

Dear Parents and Caregivers,

I am pleased to inform you that our school was successful in applying for a sporting grant from the Australian Institute of Sport. We will be using this grant as well as some school funding to provide a quality Gymnastics program for all students from Kindergarten to Year 6.

Students in **Years 3-6 will participate in Terms 1 & 4**. Students in Kindergarten-Year 2 will participate in Terms 2 & 3.

WHO: Years 3-6

WHAT: As part of the Physical Development, Health & Physical Education (PDHPE) syllabus, the students will be taught gymnastics by fully qualified gymnastics instructors from Fit Futures. Fit Futures will bring a range of suitable and engaging gymnastics equipment with them.

WHERE: In the school hall and under the covered outdoor learning area.

WHEN: Terms 1 & 4, **each Monday**, commencing this **Monday February 3**.

CLOTHING: Students will need to wear their sports uniform each Monday: sports shirt, black skirt or black shorts, rubber soled joggers (mostly white), short white socks (not ankle socks).

COST: FREE – our successful application for a grant from the Australian Institute of Sport and school funds will allow us to run the program at no cost to parents.

We are very excited to be providing this quality program for our students. Should you have any questions, please do not hesitate to phone me.

Kind regards,

Ms M Larkin
Principal
31/1/2020